

MISSION



I Scream, You Scream, We All Scream for ICE CREAM MONTH!

Designated by President Reagan in the early 1980s, July is celebrated as Ice Cream Month, which features Creative Ice Cream Flavors Day on July 1 and Ice Cream Day on the third Sunday.

Did you know... the average American consumes 23.2 quarts of ice cream per year.

- The top three flavors are

vanilla, chocolate, and strawberry, often found in Neapolitan ice cream.

- Other popular flavors include **butter pecan, mint chocolate chip, rocky road, and pistachio.**
- Japan offers unique flavors like **wasabi, sweet potato, and matcha.**

If you could create your own ice cream flavor, what would you include? Would you start with a basic vanilla and add your favorite fruits, candies, or

nuts, or would you start with something unconventional like pineapple-coconut and add bacon bits or hot sauce for a spicy twist?

Looking for something fun to do on a hot afternoon? Host an ice cream social this July for family and friends. Offer a variety of toppings, sprinkles, drizzles, cones, and flavors for everyone to mix and match. Ask each guest to write down their favorite flavor or an imaginary flavor and have fun guessing who belongs to each flavor.



MISSION
NURSING AND REHABILITATION CENTER



HAPPY BIRTHDAY

Staff

Maria Rodriguez	7/01
Sheena Rodriguez	7/08
Hiram Davila	7/09
Rubi Escobar	7/18
Eva De Leon	7/18
Jaqueline Muguercia	7/23

STAR of the Month



Our care starts with our staff that day to day give their best on the floor. Rafella was our Star of the Month for May. We appreciate her hard work and appreciate the loyalty our staff gives us over the years.

Letter from Administrator

We are looking forward to expanding our Horizons here in Mission Nursing and Rehabilitation as we are still going under remodeling. We are excited to announce the opening of our secured unit in our building and look forward to announcing the date soon. It brings great joy to be in our remodeling phase to bring the very best to our patients and employees. We are always looking into growing and improving in any way possible.



CONGRATULATIONS

We want to congratulate our staff that had Anniversaries and got tokens for their years of services! Thank you!



Celebrating Fourth of July

When the Declaration of Independence was signed in 1776, a staged party was planned to celebrate the birth of America and the separation from England.

Colonists and towns continued to celebrate the anniversary of this freedom yearly on July 4 with large crowds and festivities. However, it wasn't until 1870 that the 4th of July became a federal holiday and more than 50 years later became a paid federal holiday.

Modern Independence Day festivities usually include parades, local celebrations, family cookouts, festivals, and fireworks. Be sure to check with your local community to find out what events are being held.



RESIDENT OF THE MONTH: MR. S.



Our resident Mr. S. is a true testimony of how we unselfishly take care of other living creatures that surround our beautiful planet and make life enjoyable. Mr. S. daily comes out to this window to see our beautiful wildlife stop by our bird feeder. He rejoices in the simple things in life and shows us how beautiful life is, and we should never give up. When life gets tough, we need to remember the simple things that bring joy just like Mr. S. does. He always has a smile on his face and is willing to share it with everyone. A smile is a simple gesture that is easily contagious. Thank you Mr. S., for reminding us to rejoice in the simple things in life.

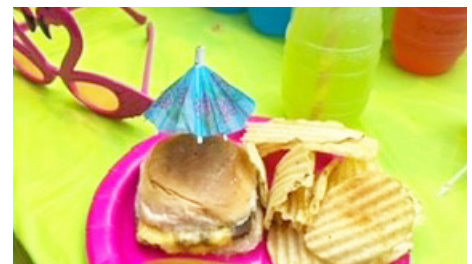
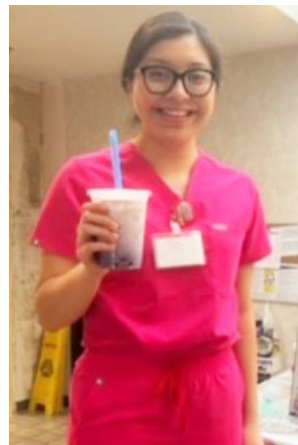
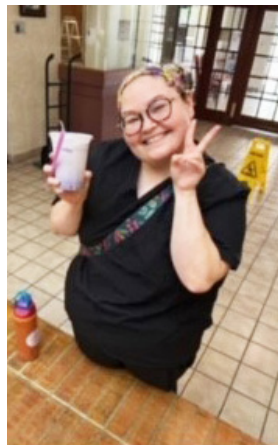
Speech Therapy Month Spotlight for Mrs. Elizabeth



Elizabeth is one of the many reasons we are so great in what we do! Thank you Elizabeth for making a difference!

Staying Hydrated!

Summer is almost here, and we are enjoying every minute of it! We are keeping our staff hydrated in the most delicious way possible!





NURSING AND REHABILITATION CENTER

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Recommended Visiting Hours: 8:00am to 8:00pm

Drop a Rock Day: July 3



Have you ever noticed a painted rock on the ground or in an unexpected place? It was likely an unexpected little surprise that made your day! You can pass along that unique experience by making a painted rock of your very own, and leaving it for others to find. You only need some small rocks, paints, and a paintbrush to get started. Feeling stuck on what to create on your rock? Here are a few ideas to spark your creative process:



Between a Rock and a Hard Place:

Have there ever been encouraging words that have uplifted you through tough times? Spread a spark of positivity to the person who finds your rock with kind words. Some great affirmations include "You matter," "Be the light," and "You can do this."

Rock and Roll: Add to your rock creation process by listening to your favorite music in the background, and write or paint the music lyrics onto the rock. The person who finds it may even know the song too!



Stay connected.



WORD SEARCH

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

S	U	N	K	H	U	M	Q	I	P	K	J	V	R	G
P	X	O	M	V	T	I	F	Y	W	A	X	K	R	H
F	B	V	J	B	O	R	E	D	O	M	I	Y	W	I
V	I	X	O	A	X	T	C	N	A	A	G	N	S	L
M	O	X	R	J	A	D	J	E	J	C	N	D	T	X
Q	T	H	M	E	B	B	R	M	E	A	Z	F	A	T
E	I	A	H	T	U	C	N	G	E	R	F	R	R	Q
S	C	F	A	B	E	N	B	O	K	O	V	I	S	S
I	X	F	R	C	R	E	I	T	L	N	Y	E	W	R
Z	T	C	I	O	M	U	K	O	A	I	S	N	F	O
Q	O	P	V	M	U	W	H	L	N	E	E	D	Y	C
S	X	A	X	E	M	O	J	I	E	P	Z	S	B	K
D	L	S	U	J	U	L	Y	H	I	K	X	H	R	S
F	C	N	M	X	N	Y	C	F	V	K	B	I	Q	W
X	X	F	J	S	T	R	I	P	E	S	V	P	F	T

WORD LIST

BOREDOM
CHEESE
EMOJI
FLAVOR
FRIENDSHIP
HEAT
ICE CREAM
JULY
MACARONI
PAINT
REUNION
ROCKS
STARS
STRIPES
SUN